

The vision of the Church of Scotland is to be a church which seeks to inspire the people of Scotland and beyond with the Good News of Jesus Christ through enthusiastic worshipping, witnessing, nurturing and serving communities.

Spring 2023

# Kay Park Parish Church Newsbite!

## A WORD FROM THE MINISTER

I have shared in various contexts over recent weeks about Antakya in Turkey, an area devastated by the recent earthquakes which was known in ancient times as Antioch. We read of Antioch in the New Testament of the Bible in the book of Acts chapter 11. Believers who were facing persecution scattered and some ended up in Antioch and started sharing the Good News about Jesus.

*‘Then Barnabas went to Tarsus to look for Saul and when he found him, he brought him to Antioch. So for a whole year Barnabas and Saul met with the church and taught great numbers of people. **The disciples were called Christians first in Antioch**’ (Acts 11 v 25 & 26).*

Watching the reports from the now destroyed city of Antakya is all the more poignant when you know this piece of history. It reminds us how connected we all are. At the evening service of prayer and healing in Iona Abbey the day after the news of the earthquakes had spread across the world, heavy stone rubble from the Abbey was placed on the table at the service. These words of prayer were then shared;

*God of shadow*

*Sharing our pain and our tears and our struggle*

*Draining the cup of what it is to be human we watch with you*

*God the night*

*Sharing our fears and our prayers and our restlessness*

*Measuring the road between living and dying we watch with you*

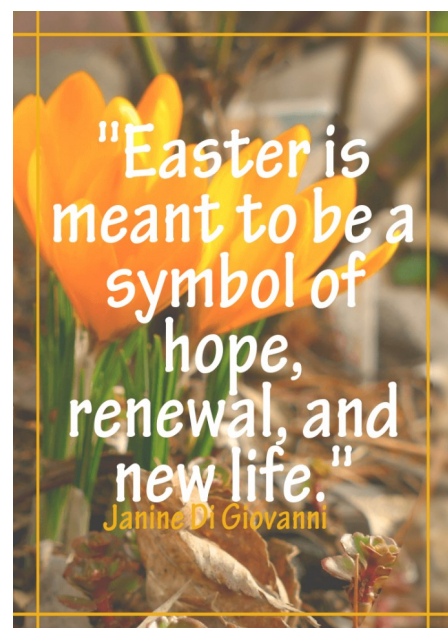
*God of the dawn*

*Sharing the questions we dare ask you,*

*Yearning in us for the light of your glory we watch with you*

As we journey through Lent into Holy Week and then the glory of Easter may we ‘watch with Jesus’ and learn more of the amazing breadth, depth and height of God’s love for us.

1 God Bless you all, Rev Fiona



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## SPECIAL POINTS OF INTEREST

- Communion Silver
- KPPC on tour
- Palm Crosses

## KPPC GUILD

Over the last few weeks we have had the pleasure of listening to Janette Stevens and Aileen Sansum singing and reciting Burns Poems. They are a delight to have and brighten up any dull Tuesday with their beautiful voices.

The Rev Scott Rae also paid us a visit telling us about his life in the Navy as a Chaplain. We were in stitches from start to finish. This was his second visit and neither he nor the members of the Guild could remember what he had spoken about the first time, as luck would have it we had not heard the talk he gave us.

The other meeting I had the pleasure of delivering using the topic "Lights and Bushells" and the ladies planted seeds which are now beginning to sprout. The other half of the afternoon I again had a quiz this time on Sweets. I think some of the members think I like to inflict pain on them as they find my quizzes extremely challenging.

Jean Herbert

### Dates for the diary

21 March—Guild Topic 'Star Child' - Michaela Foster

25 March— Coffee Morning 10am—12noon

18 April—Annual General Meeting

25 April—Spring Lunch at Salt & Barrel 12noon



*"Easter says you can put truth in a grave, but it won't stay there"*  
*Clarence W Hall*

## WORLD THINKING DAY/FOUNDERS DAY





## FRIENDSHIP CLUB

In January we welcomed David and Joan Lacy who entertained us with photographs from the time of David's ministry with us. It was really fascinating to see so many well known faces but also sad to see so many who are no longer with us.

At our next meeting Mike Higgins spoke to us about his very varied journalistic career - from his early days with local newspapers up until his later positions with both the BBC and STV. It was interesting to hear about the huge strides in the development of technology .

Our current session ends on the 16 March when we will have a Daffodil Tea. Everyone enjoyed this last year, so we decided to continue the tradition.

Our members continue to give generously to the Trussell Trust food bank with their donations of toiletries.

Our numbers are gradually increasing to pre COVID levels but we would be delighted to welcome anyone who wishes to come along.

**All good wishes from everyone in the Friendship Club.**

The Shining Lights.

Some photos from our Christmas meeting



## CHURCH FLOWERS

Sincere thanks to the following people who have donated to the Flower Fund

### November

Mrs Sandra Nisbet

### December

Mrs Liz Smith

Mrs Marilyn McKnight

Mrs Elizabeth Templeton

Mrs Barbara Hume

Mrs Aileen Sansum

Mrs Linda Muir

### January

Miss Sheila Bell

Mrs Mary Lapham

Mrs Shiona Thomson

Mrs Christine Watt

Mrs Betty Bryan

### February

Mr Alex Watt

Mr George Thomson

Mrs Sandra Nisbet

Mrs Marilyn Malcolm

Mrs Jean Inglis

Mrs Mary Lapham

Donations can be placed in an envelope marked 'Flower Fund' and either put in the offering plate or given to Aileen Sansum.

Cheques should be made payable to Kay Park Church Flower Fund.

## STROLLERS & STRIDERS

Activity has continued over the winter months for both the Strollers and Striders with groups of between 10 and 15 on each walk, including the occasional new member.

Since November, the Strollers have enjoyed walks around James Hamilton Park in East Kilbride, Alloway & Belleisle, Troon cycle path and golf course and most recently, Eglinton Country Park. Somewhat surprisingly, given the time of year, we have been lucky weatherwise, with only a shower to begin our Troon walk which ceased almost as soon as we began.

The Striders, over the same time period, have visited Irvine harbour & beach park, Pollok Park and Dumfries House estate. While not facing any wet days, our walk around Pollok Park was cut short due to extremely icy conditions on most of the paths. A consensus view was that the sensible approach was an early visit to the Burrell, first to the café then the gift shop.

All other walks concluded with refreshments, of course.

Bill Caldwell and I are proposing a new initiative (the Wednesday Walkers) targeted at those who would like to meet for a short stroll to enjoy the fresh air, company and a coffee thereafter. You may have previously been a Stroller and no longer feel quite up to it. You may see this as an introduction to a walking group.

Our plan is to meet at the Burns Centre in Kay Park at 10am on 12<sup>th</sup> April. The walk will be around the park at whatever pace and duration you feel up to followed by a visit to the Kay Park Church café. This is proposed as a regular venue. Frequency of walks will be influenced by the members response.

Future dates are :

Wednesday Walkers – 12<sup>th</sup> April.

Strollers – 8<sup>th</sup> March, 6<sup>th</sup> April, 5<sup>th</sup> May and 3<sup>rd</sup> June.

Striders – 22<sup>nd</sup> March, 20<sup>th</sup> April, 19<sup>th</sup> May and 17<sup>th</sup> June.

New walkers are always welcome.  
Details from  
David Miller –  
07977050624.





## OLD HIGH KIRK COMMUNION SILVER



The Kirk Session made the decision at the end of 2022 to use the Old High Communion Silver as it hasn't been out on display for the last 10 years since the union of the two churches. The first opportunity came on 5th February 2023. The Silver was collected from the bank where it has been stored, it was polished and put out on display. The following photos show how it looked and there are also descriptions and information about the items.



A pair of Communion Flagons inscribed for the High Church Kilmarnock in loving memory of William A. Railton Architect and an ordained elder of the Church, these were gifted in 1905 by his family.

A pair of circular Alms plates silver plated.



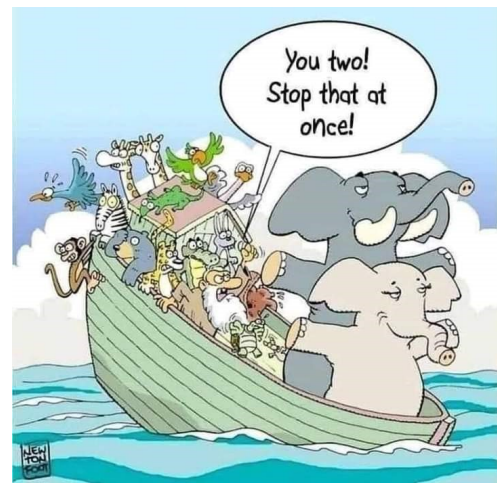
A wooden cased travelling Communion set consisting of a chalice, a paten and a glass bottle, these were presented to the High Kirk of Kilmarnock by the women's Guild and the Girl Guides in May 1920

A pair of Communion Chalices, gifted to the church by Messrs William Boyd and Alex Tough in 1770.

An identical Communion Chalice presented to the High Church, Kilmarnock by Mrs James Thomson in 1830



Christening Bowl, gifted to the High Church, Kilmarnock in memory of Thomas Fulton of Braehead, Writer and Sheriff Clerk 1900.



## COMMUNITY HALL LETS

<b>Mon</b>	Scalliwags	9.30am
	Brownies & Guides	6.00pm
	Parkinson's Community Singers	6.00pm
<b>Tues</b>	Killie Heartmates	6.00pm
<b>Wed</b>	Physio Class	1.45pm
	GA	7.30pm
<b>Thur</b>	Killie Heartmates	6.30pm
	Rock Choir	7.30pm

For more information on any of the above groups or information about hiring the halls, please contact the Church Administrator

chrchdmnstr@outlook.com or phone 07394173977

## GAMBLERS ANONYMOUS SCOTLAND

Gamblers Anonymous is a fellowship of men and women who have joined together to do something about their own gambling problem and to help other compulsive gamblers do the same.

### Is Gambling causing problems in your life?

If so ..... We can help!

- Website: [www.gascotland.org](http://www.gascotland.org)
- Email: [info@gascotland.org](mailto:info@gascotland.org)
- Helpline: 0370 050 8881 (24 HRS)

## PARKINSONS COMMUNITY

The Parkinson's Community Singers is for people with Parkinson's and their family and friends. The cost is £3 per session... No auditions or previous musical experience required. Zoom access possible.

## SCALLIWAGS

The Scalliwags meet every Monday morning from 9.30am, the group caters for children under 3 and are usually accompanied by parents, grandparents, aunts, uncles and friends. It is a friendly group and all are made welcome. If you would be interested in joining the group please email

[scalliwags@live.co.uk](mailto:scalliwags@live.co.uk)

## ROCK CHOIR

If you like to sing, you'll Love Rock Choir!

Pop, rock and chart singing for adults and teenagers.

No auditions and no need to read music



## BROWNIES & GUIDES

17th Kilmarnock Brownies and 6th Kilmarnock Guides meet most Mondays at 6pm and 7.30pm

## KILLIE HEARTMATES

Killie Heartmates is an active cardiac exercise group. They meet all year round to offer support and help to improve members health and fitness. The group have fully qualified B.A.C.R. instructors (British Association of Cardiac Rehabilitation)





Madeira



Blackpool



Hong Kong

### Liz and John's 2023 adventure—Canary Cruise

We flew out to Tenerife on the 17th of January and joined our ship the Explorer. We left Scotland at a chilly -4 C and arrived to a cosy 19 C. Our cabin boys were experts at fashioning our towels into various animals and looked after us so well. The ship catered for every taste in food with 8 different eating venues catering from snacks to sushi - needless to say we both came home with a few extra pounds.



Our first port of call was San Sebastián on the island of La Gomera and then onto Funchal in Madeira and yes we did go up on the cable car and enjoyed the spectacular views.

Our third day wasn't without drama when the captain announced that one of our fellow passengers had taken ill and had to be airlifted off by air ambulance. After that we berthed at Arrecife in Lanzarote and enjoyed a stroll round the town. After sailing through the night we arrived at Puerto Del Rosario, Fuerteventura and another morning stroll before returning to the ship to enjoy some afternoon sun.



Our last port of call was Las Palmas, Gran Canaria and Liz managed to find her favourite shop Zara.

On our last morning on board we heard the announcement man overboard, man overboard !! It's only an exercise Liz, wrong, one of the crew had fallen into the sea from his maintenance platform. He was eventually pulled back on board.

We returned home safely that night after a lovely holiday and meeting some lovely people .



# YOUNG CHURCH

## Easter Cross Paper Plate Craft

### What you will need:

2 Paper Plates

Black Paper

Yellow Paper

2 craft pins

Paper and pencils to decorate an easter egg

Scissors

Glue

### What to do:

Cut out the light from the Yellow Paper and glue it to the first plate. Cut out the cross from the Black Paper and glue it over the light.

Draw and decorate an Easter egg and glue it on the front plate. Cut the plate down the middle. Attach with pins to the first plate so that it slides open.

You could choose to add a bible verse to the plates.



### Colouring Sheet





To our Church family

Gordon and myself would like to thank our Church family for the beautiful flower arrangement given from the church on the occasion of our Diamond Wedding Anniversary on 20 October 2022.

We were given lovely gifts, flowers and lots of cards to celebrate this special time in our lives, we felt truly blessed.

May God bless you all for your kindness from Gordon and Rene Larmour

Cathie Williamson would like to thank Aileen Sansum for delivering lovely flowers from the Church when she was ill in November and again in early December for her 90th Birthday on 9th December. Beautiful roses both times and very much appreciated.

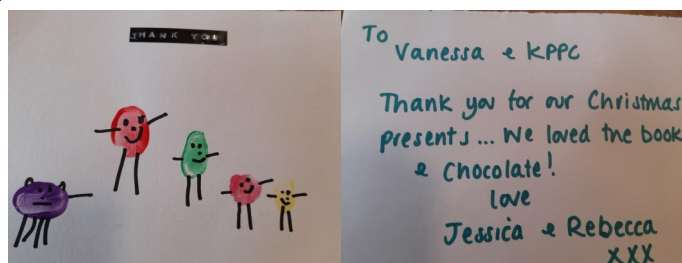
She would like to take this opportunity to thank all Church members who sent her lovely 90th Birthday Cards and messages too.

She wishes you all best wishes for health and happiness in 2023.

Rene Larmour and her family would like to thank everyone for their kindness following Gordon's passing. The family have been overwhelmed by the huge amount of cards, flowers that they have received. They pass on their thanks for the number of people who attended the church, crematorium and Masonic Hall, a total of £1000 was received in donations. It was very humbling for them to know how much Gordon meant to so many people, Rene says that Gordon would have said "All this for me".

There sincere thanks to Rev Fiona for her attentiveness during Gordon's final days, her support was much needed and appreciated by the whole family.

# Thank You



## First Sunday@KPPC

Meet in the church hall at 10.50 for games,

bible stories, crafts & a snack

2 April, 7 May, 4 June

Kay Park Parish  
Church

London Road

Kilmarnock

'Let everything that has breath  
praise the Lord'

Scottish Charity No: 008154

First Sunday @KPPC started in February and so we have had 2 very successful mornings, the 1st Sunday we had 10 children from 2 yrs to 11yrs and they enjoyed learning about the Last Supper and how we celebrate it today. They decorated paper plates with things that would tell them about communion. The 2nd Sunday morning was looking at the beauty of creation and the children made a bouquet of flowers. If you have children under 12, they are welcome to join us any Sunday.

"We opened a CAP debt centre but nobody came along " was one comment that we have heard in a recent meeting. This is because poverty is hidden and a vital part of a local CAP centre is to promote awareness of our existence in the local community.

This involves attending exhibitions and also visiting places in the community on a regular weekly basis to build relationships and obtain referrals for the centre. Often it can involve speaking with people from other Third Sector organisations as well.

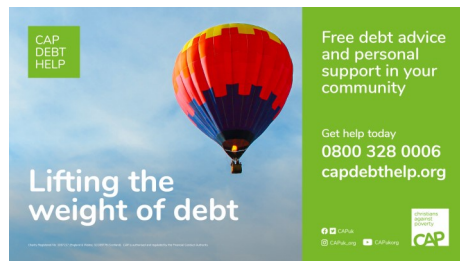
Alan McLaren who performs this role for our centre shared some of the benefits that he has found in being involved in this way and we have listed these below:

- Opportunity to meet some excellent people in our community.
- Provides structure to the week. ( If it's Tuesday I will be in Kilmarnock Jobcentre).
- Widened my experience of life. (It has been amazing to see the excellent contribution our Work Coaches undertake in our Job Centres) .
- A wonderful feeling of putting back into our community by serving in this way.
- Fantastic to be able to improve the reputation of the local churches by representing CAP in our community.
- Sometimes you realise that a person has become debt free and made steps forward in faith only as a result of your promotional activity. It's incredibly humbling.

We are looking for other volunteers to join Alan in this vital role. No financial knowledge is required , just an ability to be a self starter , to get on with people and also to keep any discussions held with people confidential.

Please get in touch with Alan McLaren should you wish to help by volunteering in this way.

Alan McLaren 07717 645804 [alanmclaren@capuk.org](mailto:alanmclaren@capuk.org)



### WEDNESDAY CAFÉ

Our Wednesday Cafe continues to thrive and we have lots of regular visitors and many drop in visitors too.

Thank you to everyone who has supported this venture and a big thank you to all the volunteers who give their time so freely.

We look forward to seeing you and enjoying your company in the coming months.

Please join us if you can on Wednesday mornings from 10am till 12noon.

Thank you

Jean Deans



### QUOTE

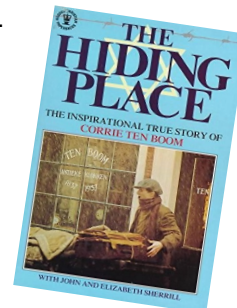
"Jesus gave himself for me" (say that out loud)

Billy Graham

### BOOK REVIEW

#### The Hiding Place—Corrie Ten Boom

As the Nazis swept through Holland, Corrie ten Boom and her family risked everything for the sake of others, and for the love of God. This is Corrie's story of how her family offered shelter to persecuted Jews, how the family was betrayed and imprisoned, and yet they retained their faith.





## BREAKFAST & A BLETHER

A great time was had at breakfast and a blether, the folks from Hurlford and St Kentigern's joined us plus others from around the town. There was a great atmosphere, with plenty of food and chat.



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*“God proved His love on the cross. When Christ hung, and bled, and died, it was God saying to the world ‘I love you’.” Billy Graham*

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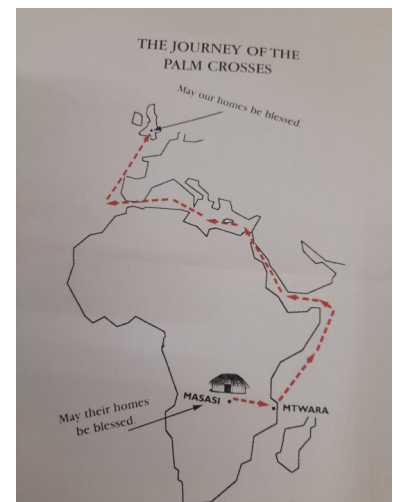
## EASTER PALM CROSSES

The Palm Crosses that you will receive this Easter have come all the way from Masasi, Tanzania.

The African Palms project was started in 1965 by Fr Alan Talbot an Anglican Priest who served for 6 years as a missionary in the Diocese of Masasi, Tanzania. The main aim of the project was to give local villagers a chance to earn some extra money to supplement their meagre income, whilst retaining dignity and the ability to carry on their farming work.

The Palm Crosses are made from dried branches of the dwarf palm *Hyphaene Coriacea*. These grow wild in the Masasi area, so are not cultivated or chemically treated, furthermore no trees are cut down in the work of collecting the Palm leaves for plaiting the Palm Crosses.

In 1986 the company African Palms Ltd was formed and all profits made by African Palms Ltd are used in educational and healthcare projects. For the last 5 years The African Palms Association has worked closely with the diocese of Masasi on many projects, including clean water supplies for the villages where the Palm Crosses are made as well as hostels and safehouses. At present work is progressing on building a new maternity unit at Rondo hospital, the project has increased in size and scope and is now nearing completion.



## OFFICE BEARERS

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Scottish Charity No: 008154

## FUNERALS

‘In my Father’s house are many mansions; if it were not so, I would have told you’

Monday 13 February Mr Gordon Larmour

Tuesday 21 February Mrs Jessie Mackie

Wednesday 22 February Mr Wright Atha

Thursday 9 March Mrs Betty Bryan

## KIRK SESSION MEETINGS

7.30 pm in the Sanctuary

Wednesday 12 April

Wednesday 14 June

## UPCOMING DATES

Maundy Thursday 6 April 2023 7pm

Easter Sunday 9 April 2023

- Sunrise at Kay Park/breakfast at St Kentigern’s
- Morning worship 11am

Coronation celebration 6 May 2023 10am

Communion Sunday 7 May 2023 11am

Christian Aid Week 15—21 May 2023

Rejoice for the saviour of  
the world has risen.  
**Happy Easter to you and  
your family.**

