

The vision of the Church of Scotland is to be a church which seeks to inspire the people of Scotland and beyond with the Good News of Jesus Christ through enthusiastic worshipping, witnessing, nurturing and serving communities.

Summer 2023



# Kay Park Parish Church Newsbite!

## A WORD FROM THE MINISTER

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### SPECIAL POINTS OF INTEREST

- Coronation Event
- Church Choir
- Killie to Formosa

## KPPC GUILD

Jean Herbert

**Dates for coffee & chat—27 June, 25th July, 29th August,**

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*“God loves you more in a moment than anyone could in a lifetime“*

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## FRIENDSHIP CLUB

When the last Newsbite magazine was published we thought we were on holiday for the summer but—due to popular demand—we have decided to have two “coffee & chat” meetings. NO SPEAKER, NO SINGING, just a chance to meet up with friends. The first one will be on Thursday 15 June and the second one on Thursday 17 August. The meetings will take place in the café area of the church beginning at 2pm and will last about an hour or so depending on how good the chat is!

The committee are now trying to put together an interesting syllabus for the next session. We have been tossing ideas around and hopefully we are nearly there and have come up with something we can all enjoy. The new session will begin on Thursday 5 October. By the time the next magazine is published we will be able to give you some details of the syllabus.

These dates will appear in the order of service nearer the time. We look forward to welcoming you all then and will be delighted to see new faces too—please do come along.

**Hope you all enjoy the summer and stay well.**

**The Shining Lights.**

**Dates for coffee & chat—15 June and 17 August**

## CORONATION EVENT

On Saturday 6 May 2023 about 35 of our members and friends joined together to watch the Coronation of King Charles III in the church hall on the big screen. We were welcomed by Jess Barry (who had suggested running this event back in February) and offered tea/coffee and shortbread. We had a crown making table and a very challenging quiz for those who wanted to test their knowledge and their minds. After the King and Queen left Westminster Abbey we gathered round tables to enjoy sandwiches, quiche, vol au vent's, cakes and of course some bubbly. There was a great atmosphere and everyone said how much they enjoyed it.



**King Charles III**  
**Coronation Day**  
**6th May 2023**



### BBC SERIES—WILD ISLES

In this 5 part series on BBC 1 David Attenborough shows us the beauty of Scotland's Isles. He reveals our wildlife from Killer Whales to cheeky Puffins. He shows us marvels that are hidden in our trees. He explores our seas and freshwater habitats and shares with us dramatic wildlife stories in true David Attenborough style. This is a must watch for all who enjoy wildlife and Scotland.

### WEDNESDAY CAFÉ

The cafe continues to thrive with lots of regular and other visitors.

We had a very interesting visit from an Australian lady called Rachel who was holidaying here as her great, great grandfather had left Kilmarnock to settle in Australia in the 1800's. His name was McNaughton and as we all know we have McNaughton Drive and Walk in the New Farm Loch Area. Rachel had a fascinating story to tell us as her parents had been Baptist missionaries in Papua New Guinea. It was great to hear about her church in Bendigo too. She spent well over 2 hours with us.

We have also had a few people who just like to chat and have company for a wee while. I like to think they come in as strangers and leave as friends.

The Wednesday cafe will continue to run during the summer and we would love to see you there.

Jean Deans



## CHURCH FLOWERS

Sincere thanks to the following people who have donated to the Flower Fund

### March

Mrs Sandra Nisbet

### April

Mrs Liz Smith

Mrs Marilyn McKnight

Mrs Elizabeth Templeton

Mrs Barbara Hume

Mrs Aileen Sansum

Mrs Linda Muir

### May

Miss Sheila Bell

Mrs Mary Lapham

Mrs Shiona Thomson

Mrs Christine Watt

Mrs Betty Bryan

Mr Alex Watt

Mr George Thomson

Mrs Sandra Nisbet

Mrs Marilyn Malcolm

Mrs Jean Inglis

Mrs Mary Lapham

Donations can be placed in an envelope marked 'Flower Fund' and either put in the offering plate or given to Aileen Sansum.

Cheques should be made payable to Kay Park Church Flower Fund.

## STROLLERS & STRIDERS

Since the last edition of Newsbite, all groups have maintained their routine walks. The initiative of the Wednesday Walkers seems to have had the desired effect with a regular turnout comprising of former Strollers and newcomers. The norm is a stroll around the variety of paths, both within and round the park perimeter, which is taken at a leisurely pace. This normally takes a maximum of 30 minutes before heading on to the Church café for refreshments.

The Strollers have enjoyed walks on Prestwick promenade and surrounding area, in Rozelle Country Park, Alloway and in Galston, through Burnawn Woods and then on to the riverside path back to Galston.

The Striders have ventured from Newmilns, through Lanfine Estate to Darvel and back, from Troon along the shorefront to Barassie and back via the cycle path to Marr College, a circuit from Mauchline via Sorn Road and country roads back to Mauchline and, most recently, from Catrine, along the River Ayr Way to Sorn and return via country roads.

As ever, all were followed by refreshments with the Ayrshire Hub at Crossroads a frequent haunt.

Wednesday Walkers – Each Wednesday. Meet at 10am in the car park adjacent to the Burns Centre, Kay Park, Kilmarnock.

New walkers are always welcome. Details from David Miller – 07977050624.

David Miller

Future dates are :

**Strollers – 3<sup>rd</sup> July, 8<sup>th</sup> August, 6<sup>th</sup> September, 5<sup>th</sup> October and 3<sup>rd</sup> November.**

**Striders – 17<sup>th</sup> July, 22<sup>nd</sup> August, 20<sup>th</sup> September, 19<sup>th</sup> October and 17<sup>th</sup> November.**



The view looking west was taken from a country road above Mauchline on a Striders walk.



The photo featuring Shrek was taken on a Strollers visit to Rozelle.



## MARLYN GORMAN— KILTWALK

My husband George past away last June and one of his illnesses was Parkinson's disease. I decided to do the kiltwalk in George's memory and support Parkinson's UK.

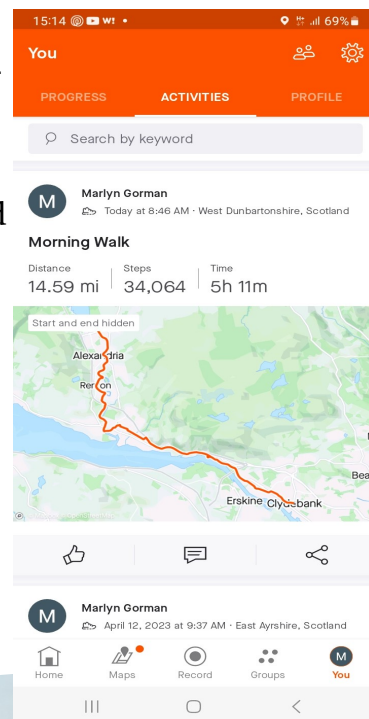
George had tremendous help from the team looking after him. Since I joined the family at Kay Park I have been blessed with friendship and companionship.

I would like to say a huge thank you to all my church friends who very generously sponsored me in doing the Kiltwalk. Thanks to you and my family and friends support I managed to raise £1000.00.

I am so grateful.

The weather could have been better but the atmosphere and camaraderie with the other walkers made it a great experience.

God bless you all.



CHRISTIAN AID QUIZ

## COMMUNITY HALL LETS

<b>Mon</b>	Scalliwags	9.30am
	Brownies & Guides	6.00pm
<b>Tues</b>	Killie Heartmates	6.00pm
<b>Wed</b>	Physio Class	1.45pm
	GA	7.30pm
<b>Thur</b>	Killie Heartmates	6.30pm
	Rock Choir	7.30pm

For more information on any of the above groups or information about hiring the halls, please contact the Church Administrator

## GAMBLERS ANONYMOUS SCOTLAND

Gamblers Anonymous is a fellowship of men and women who have joined together to do something about their own gambling problem and to help other compulsive gamblers do the same.

### Is Gambling causing problems in your life?

If so ..... We can help!

- Website: [www.gascotland.org](http://www.gascotland.org)
- Email: [info@gascotland.org](mailto:info@gascotland.org)
- Helpline: 0370 050 8881 (24 HRS)

## PODCASTS & DRAMAS

### The Hebridean Baker

If you have a love of Scotland and in particular the Hebridean Islands this is for you.

Coinneach MacLeod takes you on a journey of Hebridean culture and the beauty of the natural world all wrapped up in recipes that are special to him.

Find him on youtube or tiktok

## SCALLIWAGS

The Scalliwags meet every Monday morning from 9.30am, the group caters for children under 3 and are usually accompanied by parents, grandparents, aunts, uncles and friends. It is a friendly group and all are made welcome. If you would be interested in joining the group please email

[scalliwags@live.co.uk](mailto:scalliwags@live.co.uk)

## ROCK CHOIR

If you like to sing, you'll Love Rock Choir!  
Pop, rock and chart singing for adults and teenagers.

No auditions and no need to read music



## BROWNIES & GUIDES

17th Kilmarnock Brownies and 6th Kilmarnock Guides meet most Mondays at 6pm and 7.30pm

## KILLIE HEARTMATES

Killie Heartmates is an active cardiac exercise group. They meet all year round to offer support and help to improve members health and fitness. The group have fully qualified B.A.C.R. instructors (British Association of Cardiac Rehabilitation)

## KILLIE HEARTMATES—CELEBRATING 25 YEARS + 2

The Killie Heartmates enjoyed a night at the Park Hotel on Saturday 20 May to celebrate their 25th Anniversary (2 years late due to Covid).

They were joined by past and present members who have all benefitted from the work of the group. Representatives from NHS Crosshouse, Chest, Heart & Stroke Scotland, Vibrant Communities, Councillor Jim McMahon and other interested parties joined them on the night and spoke very highly of the work that Killie Heartmates have been doing for more than 2 decades.

It has not only been the exercise classes run twice weekly but the social outings, the laughter and friendliness of this group that is to be applauded. All this could not happen without the commitment and dedication of John and Sheena and the committee. Their care and generosity of spirit is what really makes the difference. Here's to the next 25 + 2 years.



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*“The times when you see only one set of footprints in the sand are the times He carried you.”*

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## BROWNIES & GUIDES

The Brownies and Guides had the great pleasure of welcoming Chris Dukes, author of Lucy's Blue Day to come and speak to them on Monday 22 May 2023.

They had a great turn out of children and parents who were entertained by Chris Dukes for about 50mins. He spoke to the group about feelings, which is what his first book is all about, and that it is ok to have different feelings and not feel the same way each day. He explained how important it is for everyone to speak about their feelings and in doing this we can prevent them from overwhelming us.

He was very entertaining and really engaged with the children who enjoyed hearing about the book, but also his life and wrestling (wrestling belt in photo). It was a great night for the group and great that this is happening in our building and with the support of the congregation.





# YOUNG CHURCH

## 'Blessed Are' Wreath Craft

Matthew 5 v 3–10

### What you will need:

- Various colours of paper
- Scissors
- Large paper plate
- Stick glue
- Markers

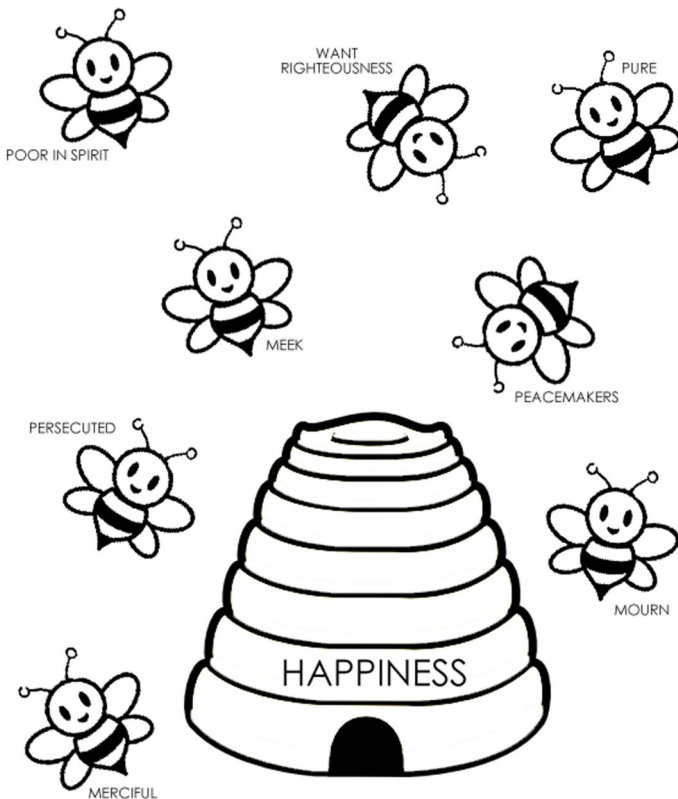
1. Blessed are the poor in spirit
2. Blessed are they who mourn
3. Blessed are the meek
4. Blessed are they who hunger and thirst for righteousness
5. Blessed are the merciful
6. Blessed are the pure of heart
7. Blessed are the peacemakers
8. Blessed are they who are persecuted for righteousness

### What to do:

1. Trace their hand on 8 coloured pieces of paper and cut them out.
2. On the plate, write "BLESSED ARE" in the center
3. On the hands write out the eight Beatitudes.
4. Glue the hands facing outward to the paper plate, starting at the ridges or rim, so that the fingers dangle outward over the rim



## Colouring Sheet



THE BEATITUDES TEACH US HOW TO BE HAPPY.

Dear God,  
Help me spend today 😊  
with a *Smile* on my face,  
*Love* in my heart, ❤️  
*Joy* in His grace, 🧠  
and my *thinking cap* on all day.  
Amen

I hope you all have a great summer holiday, the creche room will be open every Sunday throughout July and August. Young Church will be back on the 1st and 3rd Sundays of every month, starting on Sunday 3 September.



Vanessa Twomey thanks everybody who contributed to the Centrestage voucher she received as a thank you for organising the Coronation Event. It was most unexpected but greatly appreciated.

# Thank You

Mary Lapham would like to say a big thankyou to the congregation for the beautiful flowers she received recently.

## GOWANBANK –SCRIPTURE UNION

Gowanbank is a Scripture Union outdoor activity and conference centre. It is situated in the Irvine Valley near the village of Darvel. Gowanbank house is a remarkable gift given to S.U Scotland in 2017 and with 45 beds in 10 en-suite bedrooms, it is ideal for school groups, youth groups and churches to use for their weekend away or residential.

A wide range of activities is offered for young people, eg the tree climb, archery, crate climbing, football and hockey and there is also an indoor games room. There are also off site activities offered, abseiling and mountain biking.

Bushcraft is very popular with school children where they can learn to make a shelter, light a fire, bake bread and make a cuppa. There was a recent after school bushcraft club which ran for six weeks and one parent was so impressed with Scripture Union that she requested an SU group be set up in her school.

Gowanbank is not just for young people, it is ideal as a conference centre for day or weekend retreats. Accommodation is very comfortable with a beautiful conference room which has a wonderful view overlooking the valley, this room is well equipped with AV technology to meet all your needs. There is also a comfortable lounge and dining room and further small seating areas where you can chill and relax.

Gowanbank is an amazing centre and the staff and volunteers would value your prayers for their work and witness. To all who visit Gowanbank they seek to give a great experience and to share the Good News of the Gospel. To find out more contact the centre on 01560 323370 or check out the website:

[gowanbank@suscotland.org.uk](mailto:gowanbank@suscotland.org.uk)

Marjory Telfer



## CHURCH CHOIR

This year we celebrate Bill Neilson's 70 years as a Tenor in our choir.

When Bill turned 16 and formally joined Henderson church as a communicant, the choir master visited Bill's parent's home seeking to sign up the new communicant to the choir. Bill jokes he got a 2 for 1 deal as he managed to sign up not only Bill but also his elder brother Hugh. Bill is still the lead tenor, choir librarian, treasurer, subs-gatherer, half-time sweetie bringer, annual dinner organiser (all at the one time) and he is proud to lead the choir into the chancel each week. He thoroughly enjoys singing and looks forward to each Sunday morning with happy anticipation.

He has been regularly pulled aside by members of the congregation over the years as they let him know they love hearing his distinct voice during the hymns and especially during the choral anthems. He has seen 5 choir masters in his time and is still going strong attending both Thursday evening choir practices as well as Sunday services. He looks forward to continuing this for many years to come. Congratulations Bill from the whole church, we applaud your commitment to our worship.

The choir had a celebratory dinner on 17 May at the Park Hotel, which was attended by many of the choir, they all had a lovely evening in great company with plenty of laughs.



### QUOTE

"Don't be afraid, just believe"

Mark 5:36



## KILMARNOCK TO FORMOSA (TAIWAN)



On Thursday June 1st we welcomed Dr David Liu from Taiwan who shared with us the remarkable story of missionaries who left Scotland and travelled to work in Taiwan.

One of those missionaries was, Dr David Landsborough III (of Kilmarnock) who founded the Changhua Christian Hospital in 1896.

The evening was enjoyed by many with refreshments of a Scottish nature enjoyed in the hall after an inspiring talk from Dr David Lui.

The David Landsborough window can be seen in the church



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*God will do the same for you. You are never alone, never without help,  
never without hope*

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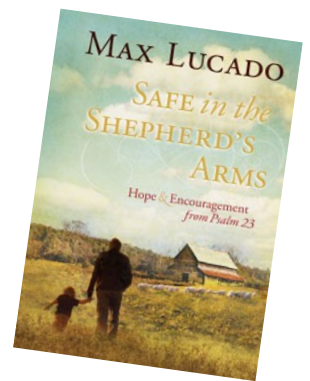
## BOOK REVIEW

### Safe in the Shepherd's Arms—Max Lucado

#### Hope & Encouragement from Psalm 23

Words of comfort and inspiration from Psalm 23 provide readers with hope to persevere through life's daily challenges.

In today's world it can be difficult to feel safe and secure. Max Lucado offers a 30-day devotional as a reliable source of safety and security from the 23rd Psalm. He describes this psalm as "written by a shepherd who became a king—because He wanted us to know about a King who became a shepherd." With Psalm 23 as our guide, we can release our burdens, throw off our fears, and rest safely in the Shepherd's arms.





## OFFICE BEARERS

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Scottish Charity No: 008154

## FUNERALS

'In my Father's house are many mansions; if it were not so, I would have told you'

Thursday 20 April

Sheila Bell

Wednesday 26 April

Philip Julyan

Tuesday 16 May

Linda Skeoch

## KIRK SESSION MEETINGS

7.30 pm in the Sanctuary

Wednesday 28 June

## UPCOMING DATES

Stated Annual Meeting Sunday 18 June 11am

Dementia Awareness Evening Monday 19 June 7pm

Litter Pick Saturday 24 June at 10am

Communion Sunday September 11am

